

**Travelling guide to religious and cultural sites in Bumthang Dzongkhag**

**Gewog : Chumey**

Sl.No	Name of religious and cultural sites	Description of sites	Nearest road point	Distance from Chamkhar town	Distance to the site from the roadhead on foot	Contact person	Contact number	Remarks
1	Ngyan rel Lhakhang	The main relics of the Lhakhang is the statues of Tempa Gyalwa and kuthang.	Nangar	16 Km	1/2 hours walk	Sangay Tenzin	17614815	Ugyen Wangmo, Zhuney Tshogpa, 17337278
2	Nangar Lhakhang	The relics of Lhakhang are statues of Chenrizey and Guru Pema Jungney statues.	Nangar	13 Km	2 Mins walk	Pema Yangzom	77306619	
3	Nimalung Monastery Dratshang	The main relics is the statue of Guru Rinpoche and Painting of Guru Rinpoche and Terton pema Lingpa. The Dratshang is painted with Nyingma, Guru padmashamba and lineage of Terton Pema Lingpa.	Nimalung	23 Km	3 Mins walk	Sangay Wangchuk	17973483	
4	Pangtoe Lhakhang	Main relics Status of Terton Pema Lingpa , Guru Pema Shamba Guru Kuthang.	Pangtoe	23 Km	15 mins walk	Leki Tshering	17739838	
5	Genyen Lhakhang	The Main relics of Lhakhang is statues of Guru.	Zhugney	17 Km	2 Mins walk	Jigme Choden	17618310	
6	Trakar Lhakhang	16th Century Lhakhang established by Terton Pema Lingpa, which was help by white monkey to construct the lhakhang and the main statues is terton Pema Lingpa .	Trakar	14 Km or 23 Km	5 mins walk or -	Tshewang Dorji	17655325	
7	Dorten Lhakhang	Statues of Tempa , Jetshen Delkar and it is 19th Century Lhakhang	Dorten Goempa	25 Km	30 mins walk	Karma La	17702890	
8	Nangney Lhakhang	The main relic of lhakhang are statues of Tempa and Guru Pema Jungney.	Nangney	21 km	3 mins walk	Lham Dorji	17408616	
9	Choeten Nyingpo Lhakhang	Statues of Tempa, Chenrizey, Zhabdrung Rinpoche, yap Tempa Nima and beautiful of Guru's thanka.	Yangthrag	19 Km	2 mins walk	Lhamo	17668127	

10	Shak Lhakhang	The main Nangten are Statues of Sangay and Guru Pema Jungney and debri	Trakar	21 Km	5 Mins walk	Tshewang Dorji	17655325	<b>Sonam Tshering, GyaltsaTshogpa, 17535899</b>
11	Urook Lhakhang	The main Nangten are statues of Chenrigzey and Tempa	Urook	27 Km	5 Mins walk	Sonam Yangzom	17772204	
12	Chuchi Lhakhang	The main relics of Lhakhang are Phagtsho Chuchi and Ugyen Pema Jungney statues.	Gyaltsa	28 Km	3 Mins walk	Dechen Yangzom	17558577	
13	Buli Dratshang	Buli Lhakhang established in 15th Century. Buli has three main temple. The downstairs has beautiful painting and statues. And two lhakhang upstairs with the statue of buddha and three longevity deities .	Buli	28 Km	5 Mins walk	Lam Yeshe Lhendup	17711784	
14	Namdrucholing	The main Nangten of Lhakhang are statues of Pema Lingpa and Guru Rinpoche	Rangbi	25 Km	2 Mins walk	Yeshe Pelden	77421633	
15	Samtenling Lhakhang	It is located on a forested hillock, ruins of the upper Samteling Lhakhang called Ngatshang which burnt in 1983. The Lhakhang has statues of Kuenkhen Longchen Rabjampa and Terton Pema Lingpa.	Samtenling	30 Km	2 Mins walk	Tshering Pem	17812031	
16	Chodrak	The meditation cave of Guru Rinpoche, Longchenpa and a rock throne, where Longchenpa wrote part of the Seven Treasures. Guru Rinpoche meditated and first settlement.	Tharpaling	37 Km	15 mins walk	Lam Sangay Tenzin	17670383	
17	Zambala	The Main Lhakhang Statues are Tempa and Guru Guru Nangsi Zilnon	Tharpaling	37 Km	15 mins walk	Lam Ngawang Gyeltshen	17607914	
18	Jangchub choling Shedra	Lhakhang was constructed in 1985.The monastery is teaching of Nyingmapa.	Tharpaling	37 Km	5 Mins walk	Tenzin	16905850	
19	Tharpaling monastery or dratshang	Established by Longchen Rabjam. The place use a meditation by Jigme Linpa, Nyoshul Khen Rinpoche and Dilo Khyentse Rinpoche. The Monastery contain statues of Logchenpa and Jigme Linpa.	Tharpaling	37 Km	2 Mins walk	Rinchen Wangdi, Umzey	17678726	
20	Dungtse/Dungska Lhakhang	The main Nangten is statues of Guru Pema Jungney ,Pekar Gyalpo and sangay.	Gyaltsa	26 Km	1 Mins walk (on the High way)	Yeshe	17815547	

21	Thromed Lhakhang	The main relics of Lhakhang are statues of Tempa , Chenrizey and Guru Pema Jungney	Thromed	20 Km	15 mins walk	Namgay Wangchuk	17737237/7735 2450	<b>Leki Tshewang, Phurjoen Tshogpa 17924294</b>
22	Choedeypang Lhakhang	The Main Nangten iof Lhakhang is statues of Guru Sawa.	Chumigpang	23 Km	5 Mins walk	Dogtola	17358635	
23	Ungsang Lhakhang	The main relics of Lhakhang are statues of Chenrizey, Tempa and Guru Pema Jungney.	Ungsang	23 Km	5 Mins walk	Tshering Choden	17696146	
24	Namphur Lhakhang	The main statues of Lhakhang is Guru Nangsi Zhilon , Tempa and Chenrizey	Phurjoen	21 Km	20 mins walk	Thinley Tenzin, Galong	17740173	
25	Tashicholing /Phurjoen Lhakhang	The main relics of lhakhang are statues of Guru Nangsi Zhilon , Chana Dorje, Zambala.	Phurjoen	20 Km	2 Mins walk	Tshewang kanyer, Tshogpa	17924294	
26	Beam Tharpaling	The main relics are statues of Sangay and Guru Zambala and Guru thangka	Chongphel farmroad	38 Km	1.5 hrs walk	Dechen Kanyer (No Mobile)	17958961 (Kinzing Lhamo, Shop)	<b>Choongphel Tshogpa, 17554947</b>
27	Zhuri Lhakhang	The Lhakhang Main relics are Statues of Zhabdrung and Guru Pema Shamba	Zhuri	26 Km	1 Mins walk	Gyem Kanyer(No Mobile)	17858961( Phuntsho Wangdi number (Gyem Husband)	
28	Kakaling/Terzoed Lhakhang	Statues of Sangay, Guru Pema Jungney , Guru Drakpo and thangka of Dorling	Terzoed	23 Km	1 Mins walk	Wangmo(No Mobile)	17437516 (Wangmo Daughter M. No)	
29	Domkhar/Lhendup Choling Lhakhang	The Lhakhang relics are Tempa and Guru Pema Jungney statues.	Domkhar	26 Km	1 Mins walk	Kencho	17869539	<b>Domkhar Tshogpa, 17494414</b>
30	Barling/Zhicha Lhakhang	The main nangten of Lhakhang is statues of Ugyen Guru Rimphoche and Paining.	Zhicha	28 Km	1 Mins walk	Tshering Dolkar	17492838	