Travelling guide to religious and cultural sites in Bumthang Dzongkhag

Gewog: Ura

SI.No	Name of religious and cultural sites	Description of sites	Nearest road point	Distance from Chamkhar town	Distance to the site from the roadhead on foot	Contact person	Contact number	Remarks
1	Pangkhar Lhakhang (Old)	The lhakhang is founded by Thangthong Gyalpo. The main nangtens are statues of Ugyen Pema Jungney and Chenrizey. Langurs (Monkey) helped at night to construct the Lhakhang.	Pangkhar	50 Kms	5 Mins	Thinley	17534868	
	Pangkhar Lhakhang (New)	The main nangten are Sangay Shacha Thupa and Chuchizhey	Pangkhar	50 Kms	5 Mins	Sangay Wangdi	77711147	
3	Gaden Lhakhang	The lhakhang is founded by Wangchuk (Son of Lam Phajo Drugom Zhigpo) in the 14th century.	Gadhen	50 Kms	5 Mins	Thinley Jamtsho	77795835	Tshogpa 17534868
4	Chungthang Goenpa Lhakhang	It is a Tshamkhang	Chungthang	50 Kms	15 Mins	Thinley Jamtsho	77795835	
5	Sumthrang Lhakhang	It is founded by Dechog, the son of Gyalwa Lhanangpa (1164-1224). It is surrounded with five sacred significant spots. The main statue represents the founder Demchok alias Nyoetoen Trushig Choeje.	Somthrang	50 Kms	5 Mins	Jamtsho	17462121	
6	Shamzur Lhakhang	Shamzur the meditation place of Longchenpa.	Shamzur	58 Kms	2 hours	Phuntsho La	17619577	
7	Dorgri Rinchen Jungnye Lhakhang	The main nangten of Lhakhang is statues of Dragpo Ugyen Rinpoche and Rinchen Jigling. It is located at the top of a hillock overlook by the village.	Garkhai	58 Kms	5 Mins	Lhendupla	17420668	Sangay Budha, Tshogpa 17956324,
8	Shingkhar Dechenling Lhakhang	It is one of the 8 Lings. It is founded by Longchen Rabjam (1308-1364). The main nangtens are statues of Kuenkhen Longchen Rabjam, Buddha, Guru Rinpoche and Guru painting.	Shingkhar	58 Kms	5 Mins	Tandin Wangdi	17788216	·
9	Wangthang Lhakhang	The lhakhang is founded by Ngogton Choeku Dorje (1031- 1097) the principle disciple of Marpa (1012-1097). The main nangtens are Guru Nangis Zilnon, paintings of Guru Tshen Gyed, Tshepamed, Droljang (Green Tara), Rigsum Gompo and Buddha.	Wangthang	50 Kms	3 Hours	Sangay Penjor	17956756	

Note: In the event the caretakers or responsible lamas do not respond to the calls or changed their contact numbers, the visitor can call the respective tshogpas (elected representative of the village(s). The tshogpas are elected for a term of five years. For any comment or suggestions, kindly contact Dzongkhag Culture Officer at plongdhen@bumthang.gov.bt or 17773529.

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10	Ura-Doshi Lhakhang	The main nangten is statue of Guru Rinpoche. The temple contains remarkable paintings. Paintings represent different teachings.	Ura-Doshi	50 Kms	5 Mins	Sonam Dhendup/	3 4/17404590	17671355, Tshogpa
11	Tashi Ghaden Lhakhang	The lhakhang is founded by Nyugney Lam Choekyi Dorji in the 20th century. The main nangtens are statue of eleven headed form of Avalokitswara (Chenrezig) gifted by the first King Gongsa Ugyen Wangchuck.	Shedangla road point	50 Kms	1 Hour	Galay	17443754	
12	Shingnyer Lhakhang	Nyoeton Thrulzhig Choeje founded the lhakhang in the 13th century.	Shingnyer	50 Kms	5 Mins	Penden Dema	17671504	Pema Wangchuk, Tshogpa 17949730,
13	Dechenling Lhakhang	The Lhakhang was founded by Terton Sherab Mebar (1267-1326). The main nangtens are ancient statues crafted from wood and mud.	Tangsibi	50 Kms	5 Mins	Tshewang Rinzin	17754644	Ugyen Tenzin,
14	Gorchiling Lhakhang	The main nangten of the lhakhang is statue of Sangay Tempa	Gorchiling	50 Kms	5 Mins	Lam Chimi	17670609	Tshogpa 17924900,
15	Tashiling	The main relices of Lhakhang is statues of Guru Pema Jungney.	Tashiling	50 Kms	5 Mins	Rinchen Dorji	17917717	

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