

## Travelling guide to religious and cultural sites in Bumthang Dzongkhag

**Gewog : Chumey**

Sl.No	Name of religious and cultural sites	Description of sites	Nearest road point	Distance from Chamkhar town	Distance to the site from the roadhead on foot	Contact person	Contact number	Remarks
1	Ngyan rel Lhakhang	The main nangten of the Lhakhang is the statues of Tempa Gyalwa and kuthang.	Nangar	16 Kms	30 Mins	Sangay Tenzin	17614815	Ugyen Wangmo, Tshogpa, 17337278
2	Nangar Lhakhang	The main nangtens of Lhakhang are statues of Chenrizey and Guru Pema Jungney statues.	Nangar	13 Kms	2 Mins	Tshopel la,	17547640	
3	Nimalung Monastery Dratshang	The main nangtens of lhakhang is the statue of Guru Rinpoche and Painting of Guru Rinpoche and Terton Pema Lingpa. The paintings of Guru padmashamba and lineage of Terton Pema Lingpa can be found in the dratshang.	Nimalung	23 Kms	3 Mins	Tenzin Dorji,	17436400	
4	Pangtoe Lhakhang	The main nangtens are statues of Terton Pema Lingpa , Guru Pema Sambhava and paintings of Guru Rinpoche.	Pangtoe	23 Kms	15 Mins	Leki Tshering	17739838	
5	Genyen Lhakhang	The main nangtens of Lhakhang is statue of Guru Rinpoche.	Zugney	17 Kms	2 Mins	Phurba Wangmo	17618310	
6	Trakar Lhakhang	The 16th Century Lhakhang was built Terton Pema Lingpa with the help of white monkeys. The main nangtens are statues of Terton Pema Lingpa .	Trakar	23 Kms	5 Mins	Tshewang Dorji	17655325	
7	Dorten Lhakhang	The main nangtens are statues of Tempa , Jetsuen Delkar. It is a 19th Century Lhakhang	Dorten Goempa	25 Kms	30 Mins	Karma La	17702890	
8	Nangney Lhakhang	The main nangten of lhakhang are statues of Tempa and Guru Pema Jungney.	Nangney	21 Kms	3 Mins	Lham Dorji	17408616	
9	Choeten Nyingpo Lhakhang	The main nangtens are statues of Tempa, Chenrizey, Zhabdrung Rinpoche, Yap Tempai Nima and paintings of Guru Rinpoche.	Yamgthrag	19 Kms	2 Mins	Pema	17668127	
10	Shak Lhakhang	The main nangten are statues of Buddha and Guru Pema Jungney and ancient debri (wall paintings)	Trakar	21 Kms	5 Mins	Tshewang Dorji	17655325	
11	Urook Lhakhang	The main nangten are statuess of Chenrigzey and Tempa (Buddha)	Urook	27 Kms	5 Mins	Dechen Pelden	77886377	

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12	Chuchi Lhakhang	The main nangtens of Lhakhang are statues of Phagtsho Chuchi and Ugyen Pema Jungney	Gyaltsa	28 Kms	3 Mins	Knyer	17756653	Sonam Tshering, Tshogpa, 17875368
13	Buli Dratshang	Buli Lhakhang established in 15th Century. It has three main temple. The downstairs has beautiful painting and statues. Two lhakhang upstairs with the statues of Buddha and three gods of longevity	Buli	28 Kms	5 Mins	Lam Yesi Lhendup	17711784	
14	Namdrucholing	The main nangten of Lhakhang are statues of Pema Lingpa and Guru Rinpoche	Rangbi	25 Kms	2 Mins	Yesi Pelden	77421633	
15	Samtenling Lhakhang	The Lhakhang has statues of Kuenchen Longchen Rabjampa and Terton Pema Lingpa.	Samtenling	30 Kms	2 Mins	Tshering Pem	17812031	
16	Choeje Drak (Choedrak) Lhakhang	The main nangten are statues of Kagyud lineage masters built by 4th Jekhenpo Damchoe Pekar. The meditation cave of Guru Rinpoche, Longchenpa and a rock throne, where Longchenpa wrote part of the Seven Treasures.	Tharpaling	37 Kms	15 Mins	Lam	17670383	
	Tharpaling shedra Lhakhang	The main nangten of the lhakhang are statues of Buddha, Kunkhyen Longchen and Gesar.	Tharpaling	37 Kms	2 Mins	Caretaker	17814815	
	Chuchigzhal Lhakhang	The lhakhang is built by 7th Jekhenpo Ngawang Thinley. The main nangtens are Chuchigzhal (11 headed avalokitesvara) gifted by the Second King in memory of First King.	Tharpaling	37 Kms	2 Mins	Caretaker	17814815	
17	Zambala	The main nangtens of Lhakhang are statues of Tempa (Buddha) and Guru Guru Nangsi Zilnon	Tharpaling	37 Kms	15 Mins	Caretaker	17547625	
18	Jangchub Choling Shedra Lhakhang	The main nangten is statue of Buddha, Kuenchen Longchen and Gesar Lungta Phodrang	Tharpaling	37 Kms	5 Mins	Caretaker	17792127	
19	Tharpaling monastery or dratshang	Established by Longchen Rabjam. The place use a meditation by Jigme Linpa, Nyoshul Khen Rinpoche and Dilo Khyentse Rinpoche. The Monastery contain statues of Logchenpa and Jigme Linpa.	Tharpaling	37 Kms	2 Mins	Tenzin	16905850	

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20	Dungtse/Dungska Lhakhang	The main nangten are statues of Guru Pema Jungney ,Pekar Gyalpo and Sangay (Buddha).	Gyaltsa	26 Kms	1 Min	Tashi Dema	17815547	Leki Tshewang, Tshogpa, 17924294
21	Thromed Lhakhang	The main nangtens of Lhakhang are statues of Tempa (Buddha), Chenrizey and Guru Pema Jungney	Thromed	20 Kms	15 Mins	Namgay Wangchuk	17737237	
22	Choedeypang Lhakhang	The Main nangten of Lhakhang is statues of Guru Sawa.	Chumigpang	23 Kms	5 Mins	Terg Rimpoche	17723587	
23	Ungsang Lhakhang	The main nangten of Lhakhang are statues of Chenrizey, Tempa and Guru Pema Jungney.	Ungsang	23 Kms	5 Mins	Namgay Pema	17408594	
24	Namphur Lhakhang	The main nangtens are statues of Guru Nangsi Zhilon, Tempa (Buddha) and Chenrizey	Phurjoen	21 Kms	20 Mins	knyer	17740173	
25	Tashicholing /Phurjoen Lhakhang	The main nangtens of lhakhang are statues of Guru Nangsi Zhilon , Chana Dorje, Zambala	Phurjoen	20 Kms	2 Mins	Tenzin	17723587	
26	Beam Tharpaling	The main nangtens are statues of Sangay (Buddha) and Guru Zambala and Guru thangka	Chongphel farmroad	38 Kms	1.5 Hours	Dechen	17554947	Chunddue Tshering, Mangmi, 17863937
27	Zhuri Lhakhang	The Lhakhang Main relics are Statues of Zhabdrung and Guru Pema Shamba	Zhuri	26 Kms	1 Min	Nidup Zangmo	17577620	
28	Kakaling/Terzoed Lhakhang	The main nangtens are statues of Sangay (Buddha), Guru Pema Jungney , Guru Drakpo and Thangkha of Dorling	Terzoed	23 Kms	1 Min	Wangmo	77250984	
29	Domkhar/Lhendup Choling Lhakhang	The main nangtens of the Lhakhang are statues of Tempa (Buddha) and Guru Pema Jungney	Domkhar	26 Kms	1 Min	Karma Tshethrim	17421914	Chunddue Tschering, Mangmi, 17863937
30	Barling/Zhicha Lhakhang	The main nangten of Lhakhang is statues of Ugyen Guru Rimpoche and Painting.	Zhicha	28 Kms	1 Min	Tschering Dolkar	17492838	

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